



your ultimate travel and accommodation guide to Sri Lanka

Arugam Bay - Sri Lanka Travel & Accommodation Guide

Arugam Bay is located at the “end of the road” on the East Coast off Sri Lanka. If you’re after remote rural life with all the atmosphere of jungle and adventure this is the place for you. There is no thoroughfare through our village, and once there it is very hard to leave!
The village of Arugam Bay is 5 km south of Pottuvil and on the edge of [Yala East National Park](#).



Arugam Bay is a place for surfers, watersports freaks and wildlife aficionados with cheap to reasonable priced hotels and guesthouses. Unfortunately Arugam Bay is on its way to become a major tourist destination, so you better hurry up while its still laid-back and original.



Arugam Bay is listed as one of the top ten surf points in the world. Situated on the southeast of Sri Lanka , Arugam Bay receives the same Antarctic winter swells that hit Indonesia 's southern shores in the middle of the year. The best time of the year for surf is between May and November when the predominant wind is offshore for at least the first half of the day. for a detailed [surf forecast](#) [click here...](#)

Whether you want to dine on the beach in view of the sea or watch the world pass by from a sidewalk cafe, the cuisine of Arugam Bay offers just what you're looking for. A stroll along Main Street will take you past many traditional Sri Lankan restaurants serving some of the best rice and curry on the island.

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You'll find a variety of accommodation in Arugam Bay with something suitable for every budget. Many of the hotels are small 'guesthouses'.

To look for other **Sri Lanka hotels or guesthouses** [click here...](#) For more travel and background information on Sri Lanka, read our [Sri Lanka guide](#) and the [travel tips](#), helping you to make the most out of your holiday in Sri Lanka.

Arugam Bay - Sri Lanka Activities

Arugam Bay is mainly known for its outstanding surf conditions but the area also offers lagoons, archaeological sites and diverse wildlife. With freshwater, ocean, forest and culture so close to one another in this quiet and remote area, be prepared for relaxation, elephant and crocodile spotting, birds, monkeys and a chilled experience.



Arugam Bay Diving

There is some good snorkeling around Arugam Bay but the serious scuba diver should charter a boat and head for the Basses Reefs, the "must see" dive site in Sri Lanka. These two enormous, elongated reef complexes - the Great Basses and the Little Basses - running along the southeast coast of the island just off Yala National Park offer world-class conditions. Rugged sandstone formations and drop-offs, clear oceanic water and an abundance of big fish all combine to make any dive in these waters an adventure. Above the water, virtually the only indication these reefs exist are the two lighthouses that mark their locations. But underwater they're a fantastic wonderland of canyons, gullies, ridges and turrets, carved out of sandstone by prehistoric seismic action and the waves. Black coral bushes, fan corals, whip corals and all manner of sponges flourish on current-swept walls, while the proximity of deep water - Sri Lanka's shallow coastal shelf is especially narrow here - brings in big fish in huge numbers. Sharks, dogtooth tuna, barracuda, grouper, all species of trevally, rays, and schools of sweetlips and snapper are all commonly seen inshore on these reefs.

Arugam Bay Surfing

Arugam Bay is considered by many as one of the best surf-spots in the world. Surfing and swimming is possible almost all year round with the average height of waves being 1.5 - 2.5 meters.

Main surf spots are Potovil Point, Main Break, Crocodile Rock and Peanut Farm.



Micro tides seem to have little effect on any of the waves in the area. Regular surfers recommend Arugam Bay for easing into a new season; the breaks here come early and are a perfect warm-up for the more challenging rides to come later.

For our **Arugam Bay Surf Packages** [click here...](#)

Arugam Bay - Sri Lanka Restaurants

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on the island. For the more western palate, several restaurants specialize in pizza, and the more up-market hotels have full eastern and western menus.



Hang Loose Restaurant

The restaurant of the Hang Loose Guesthouse offers an outstanding selection of local and international specialities. A must at least once while staying in Arugam Bay!



Gecko Restaurant & Lounge

The house of homemades, organics and no-preservatives. From all day breakfast to fresh fruit platters, steaks to club sandwiches, burgers to quiches, fresh apple pie to home-made ice creams, Cappuccinos to beetroot juice... Theme nights from Spanish to Greek!



If you have any suggestions or would like to recommend a restaurant in Arugam Bay please [contact us!](#)

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